

## Requirement List \_POEM

Ajwain	Dalchini	Onion
Aloe-vera gel (Fresh)	Dhania Leaf	Peepal Leaves
Alum (Fitkari ) roasted	Fruits	Pudina
Amritdhara oil	Garlic	Raddish Seed
Arjun Ki Chal	Ginger	Raw Turmeric (Haldi)
Aak leaves	Herbal Oil (Any)	Raw Potato
Ashwagandha	Honey	Red Chilly (Powder / Whole)
Bael Tree Leaves	Jaggery	Rice
Bark of Bael Tree	Jeera	Roasted Hing Powder
Bay Leaves	Kalonji Seed	Rock Salt
Black pepper (Kali Mirchi)	Lemon Juice	Sarson Oil
Black Salt	Limestone (Choonaa)	Saunf
Bottle Gourd	Methi Seeds	Saunth
Camphor Oil	Misri	2 Second Sniffing Oil
Carrot Seed	Mulethi	Sendha Namak
Castrol oil	Munakka	Trifala churna
Chandan Powder	Mustard Oil	Green Tulsi Leaves
Chirata Powder	Neem Leaves	Turmeric powder
Clove (Laung)	Nigundi/Dashmool leaves	Tulsi Leaves
Coconut water	Night Jasmine Leaves	Unripe Banana
Coconut oil	NutMeg (jaiphal) powder	Ratanjot
Coffee	Lavender Oil	(Bhimseni Kapoor)
Dhania Seeds		

<b>Equipments</b>		
<b>Automated Defibrillator (AED)</b>	<b>Haemostatic Dressing</b>	<b>SITZ Bath Tub</b>
<b>BP Machine</b>	<b>Hand Held Fan</b>	<b>Splints for fractured part/Sling cloth for holding fractured part</b>
<b>Bricks -06</b>	<b>Hot Pack</b>	<b>Vacuum Cupping Set</b>
<b>Cold Pack</b>	<b>Inclinometer</b>	<b>Surgical skin Stapler</b>
<b>Cotton Cloth</b>	<b>Long Bucket</b>	<b>TENS Machine</b>
<b>Enema Kit</b>	<b>Oximeter</b>	<b>Clinical Thermometer</b>
<b>Flannel Cloth</b>	<b>Pillows- 03</b>	<b>Tilt Bed</b>
<b>Glucometer</b>	<b>Potli Bags/Potli Massage Kit</b>	<b>Towels- 05</b>
<b>GRAD Dialysis Tub</b>	<b>Sand</b>	<b>Tourniquet</b>
<b>Grater</b>	<b>Immersion rod/ geyser</b>	<b>blunt knife</b>
<b>mortar and pestle</b>	<b>toothed forcep</b>	<b>tawa / kadai</b>
<b>Water Thermometer</b>	<b>Dropper</b>	<b>Steamer</b>