

# 2025 THE PANDEMIC/CANCER CALENDAR



D.I.P. Diet

3 Step Flu Diet

GRAD

Circadian Chart

Zero Volt Therapy

# 2025 THE CANCER CALENDAR

We follow Dr. BRC's Protocol



Dr. BRC is co-founder of HIIMS group of hospitals  
and the inventor of GRAD & D.I.P. Diet

Acupressure

Ayurvedic Panchkarma

Vaso-Stimulation Therapy

D.A.N. Protocol

**"Gutka, Cigarette,  
Chemotherapy  
and Radiation  
causes Cancer"**

**- Dr. BRC**

## THE CANCER CALENDAR

**JANUARY**

**2025**

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

# No Difference between Normal Cells and Cancer Cells

Medical science has yet not been able to identify a single consistent structural, biochemical, or immunological marker that draws a dividing line between a normal cell and a cancer cell.

This concept becomes even clearer when explored in the context of leukemic cells, as highlighted by the references below:

- Weis, p.: some introductory remarks on the cellular basis of differentiation. Jour embryonic and exp. morphology, 1:181,1953
- Henderson, E.S.: Acute lymphoblastic leukemia. In, Cancer Medicine, (Ed Holland., and Frei, III, E.), Lea and Febiger, Philadelphia 1974, p.1174
- Tashima, C.K.: care of the patient, N.Eng. Jour. Med., 295:1435,1976
- Clarkson, B.D.: Current concepts of Leukemia and results of recent treatment programs. Transplantation Proceedings, 10:157,1978

## THE CANCER CALENDAR

**FEBRUARY**

**2025**

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

# BIOPSY, PETSCAN & MAMMOGRAM CAUSES CANCER

Since no definitive difference exists between normal and cancer cells, conventional diagnostic methods such as biopsy, PET scans, and mammograms rely on arbitrary markers like the shape and colour of the cell nucleus or the quantification of sugar consumption by specific cells. However, these methods have been shown to be overly general, misleading, and lacking a solid scientific basis. In fact, it is now well-established that procedures like biopsies, PET scans, and mammograms can themselves contribute to the development of cancer.

## For references read:

- Shreve PD, Anzai Y, Wahl RL: Pitfalls in Oncologic Diagnosis with FDG PET Imaging: Physiologic and Benign variants, Radio graphics:1999;19 (1):61-77.
- Relevance of Compartmental Anatomic Guidelines for Biopsy of Musculoskeletal Tumors: Retrospective Review of 363 Biopsies over a 6-year Period UyBico, Stacy J. et al. Journal of Vascular and Interventional Radiology, Volume 23, Issue 4, 511-518.e2.
- Miglioretti DL, Lange J, Van den Broek JJ, Lee CI, Van Ravesteyn NT, Ritley D, Kerlikowske K, Fenton JJ, Melnikow J, de Koning HJ, Hubbard RA. Radiation-Induced Breast Cancer Incidence and Mortality From Digital mammography Screening: A Modelling Study. Ann Intern Med. 2016 Feb 16;164(4):205-14. Doi:10.7326/M15-1241. Epub 2016 Jan 12. PMID: 26756460; PMCID: PMC4878445.

# THE CANCER CALENDAR

## MARCH

## 2025

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

# CHEMOTHERAPY CAUSES CANCER

Medical literature consistently and conclusively indicates that, under similar conditions, patients who decline chemotherapy tend to have a longer lifespan and a better quality of life compared to those who undergo chemotherapy.

## For references read:

- POWLES TJ, COOMBS RC, SMITH IE, JONES JM, FORD HT, GAZET JC. FAILURE OF CHEMOTHERAPY TO PROLONG SURVIVAL IN A GROUP OF PATIENTS WITH METASTATIC BREAST CANCER. LANCET. 1980;1(8168 PT1):580-2.
- MORGAN G, WARD R, BARTON M. THE CONTRIBUTION OF CYTOTOXIC CHEMOTHERAPY TO 5-YEAR SURVIVAL IN ADULT MALIGNANCIES. CLIN ONCOL (R COLL RADIOL). 2004;16(8):549-60.
- WALLINGTON M, SAXON EB, BOMB M, ET AL. 30-DAY MORTALITY AFTER SYSTEMIC ANTICANCER TREATMENT FOR BREAST AND LUNG CANCER IN ENGLAND: A POPULATION-BASED, OBSERVATIONAL STUDY. LANCET ONCOL. 2016;17(9):1203-16.
- MOUNTZIOS G, ARAVANTINOS G, ALEXOPOULOU Z, ET AL. LESSONS FROM THE PAST: LONG- TERM SAFETY AND SURVIVAL OUTCOMES OF A PREMATURELY TERMINATED RANDOMIZED CONTROLLED TRIAL ON PROPHYLACT VS. HEMOGLOBIN-BASED ADMINISTRATION ERYTHROPOIESIS-STIMULATING AGENTS PATIENTS WITH CHEMOTHERAPY-INDUCANEMIA. MOL CLIN ONCOL. 2016;4(2):211-2

# THE CANCER CALENDAR

## APRIL

## 2025

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

# RADIATION CAUSES CANCER

Medical literature consistently and conclusively demonstrates that, under similar conditions, patients who choose to forgo radiation therapy tend to have a longer lifespan and a better quality of life compared to those who undergo radiation therapy.

## Forevidences read:

- FISHER B, SLACK NH, CAVANAUGH PJ, GARDNER B, RAVDIN RG. POSTOPERATIVE RADIOTHERAPY IN THE TREATMENT OF BREAST CANCER: RESULTS OF THE NSABP CLINICAL TRIAL. ANN SURG. 1970;172(4):711-32.
- STJERNSWÄRD J. DECREASED SURVIVAL RELATED TO IRRADIATION POSTOPERATIVELY IN EARLY OPERABLE BREAST CANCER, LANCET. 1974;2(7892):1285-6.
- EFFECTS OF RADIOTHERAPY AND SURGERY IN EARLY BREAST CANCER. AN OVERVIEW OF THE RANDOMIZED TRIALS. EARLY BREAST CANCER TRIALISTS' COLLABORATIVE GROUP. N ENGL J MED. 1995;333(22):1444-55.
- POSTOPERATIVE RADIOTHERAPY IN NON-SMALL-CELL LUNG CANCER: SYSTEMATIC REVIEW AND META-ANALYSIS OF INDIVIDUAL PATIENT DATA FROM NINE RANDOMISED CONTROLLED TRIALS. PORT META-ANALYSIS TRIALISTS GROUP, LANCET. 1998;352(9124):257-63.

# THE CANCER CALENDAR

## MAY

## 2025

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

# SURGERY CAUSES CANCER

Medical literature consistently and conclusively shows that, under similar conditions, patients who decline surgery tend to have a longer lifespan and a better quality of life compared to those who undergo surgery.

## Forevidences read:

- TEN- YEAR RESULTS OF A COMPARISON OF CONSERVATION WITH MASTECTOMY IN THE TREATMENT OF STAGE I AND II BREAST CANCER. N ENGL J MED. 1995;332(14):907-11.
- OVERALL SURVIVAL ACCORDING TO TYPE OF SURGERY IN YOUNG ( $\leq 40$  YEARS) EARLY BREAST CANCER PATIENTS: A SYSTEMATIC META-ANALYSIS COMPARING BREAST- CONSERVING SURGERY VERSUS MASTECTOMY. BREAST. 2015;24(3):175-81.
- RADICAL PROSTATECTOMY VERSUS OBSERVATION FOR LOCALIZED PROSTATE CANCER. N ENGL J MED. 2012;367(3):203-13.
- Chen LL, Blumm N, Christakis NA, Barabási AL, Deisboeck TS. Cancer metastasis networks and the prediction of progression patterns. Br J Cancer. 2009;101(5):749-58.

# THE CANCER CALENDAR

## JUNE

## 2025

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

# IMMUNOTHERAPY AND FATAL OUTCOMES

A recent cross-sectional study analysing 331 immunotherapy trials involving cancer patients revealed concerning findings. Many of these trials either failed to report outcomes or documented negative results, highlighting the potential fatal-risks associated with immunotherapy.

## For references read:

- Mariani M, Viale G, Galbardi B, Licata L, Bosi C, Dugo M, Notini G, Naldini MM, Callari M, Criscitiello C, Pusztai L, Bianchini G. Completion Rate and Positive Results Reporting Among Immunotherapy Trials in Breast Cancer, 2004-2023. JAMA Netw Open. 2024 Jul 1;7(7):e2423390. doi: 10.1001/jamanetworkopen.2024.23390. PMID: 39028669; PMCID: PMC11259908.

# THE CANCER CALENDAR

**JULY**

**2025**

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

# SPONTANEOUS CANCER REGRESSION – FEVER THERAPY

Spontaneous cancer regression is often observed in patients who reject conventional treatments such as chemotherapy, radiation, surgery, or immunotherapy. Tumor disappearance or symptom remission frequently occurs in patients experiencing feverish infections.

Additionally, inducing artificial fever, such as through lower-leg hot water immersion, has been noted as a potential tool for providing symptomatic relief to patients.

## Forevidences read :

- Fevertherapy revisited. Br J Cancer 92, 421–425 (2005).
- Køstner, A. H., Johansen, R. F., Schmidt, H., & Mølle, I. (2012). Regression in cancer following fever and acute infection. Acta Oncologica, 52(2), 455–457.
- Chauhan, Tamanna & George, Rose. (2018). Effect of Hot Water Foot Immersion Therapy on Level of Fatigue among Advance Stage Cancer Patients. 10.21275/ART20201279.
- Yang HL, Chen XP, Lee KC, Fang FF, Chao YF. The effects of warm-water footbath on relieving fatigue and insomnia of the gynecologic cancer patients on chemotherapy. Cancer Nurs. 2010 Nov-Dec;33(6):454-60.
- IWANAGA T. [STUDIES ON CASES OF SPONTANEOUS REGRESSION OF CANCER IN JAPAN IN 2011, AND OF HEPATIC CARCINOMA, LUNG CANCER AND PULMONARY METASTASES IN THE WORLD BETWEEN 2006 AND 2011]. GAN TO KAGAKU RYOHO. 2013;40(11):1475-87
- LARSEN SU, ROSE C. SPONTANEOUS REMISSION OF BREAST CANCER. A LITERATURE REVIEW]. UGESKR LAEG. 1999;161(26):4001-4.

# THE CANCER CALENDAR

## AUGUST

## 2025

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## TIME AS MEDICINE

Resetting the circadian clock has been observed to reverse tumorous growth and alleviate pain and weakness in patients. This can be achieved by implementing a restricted eating window, where patients consume food only between 10 AM to 6 PM. This approach involves an 8-hour eating period (10 AM to 6 PM) followed by 16 hours of fasting (6 PM to 10 AM).

### Forevidences read:

- Levi F, Filipski E, Iurisci I, Li XM, Innominato P. Cross – talks between circadian timing system and cell division cycle determine cancer biology and therapeutics. Cold Spring Harb Symp Quant Biol. 2007;72:465-75. Doi:10.1101/sqb.2007.72.030. PMID:18419306.
- Chan K, Wong FS, Pearson JA. Circadian rhythms and Pancreas Physiology: A review. Front Endocrinol (Lausanne). 2022 Aug 10;13:920261. Doi:10.3389/fendo.2022.920261.
- Obesity, cancer risk and time restricted eating. Cancer Metastasis Rev. 2022 Sep;41(3): 697-717. doi: 10.1007/s10555-022-10061-3.

## THE CANCER CALENDAR

### SEPTEMBER

### 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

# ZERO VOLT AS MEDICINE

A common factor linking all lifestyle diseases, including cancer, is **inflammation**, which is largely a result of electron deficiency. When we come into direct contact with the Earth, we absorb electrons, which neutralize our body's voltage, effectively bringing it to zero. This process enhances immunity and creates conditions favourable for recovery from various lifestyle-related illnesses.



## Forevidences read:

- Chevalier G, Sinatra ST, Oschman JL, Delany RM. Earthing (grounding) the human body reduces blood Viscosity -a, major factor in cardio vascular disease. J Altern Complement Med. 2013 Feb;19(2):102-10.
- One-Hour Contact with the Earth's Surface (Grounding) Improves Inflammation and Blood flow – A Randomized,Double -Blind, Pilot Study”,Gaetan Chevalier,G. Melvin, and T. Barsotti, Health 7 (2015): 1022-1059,doi:10.4236/health.2015.78119.
- Earthing: Health implications of reconnecting the human body to the earth's surface electrons. J Environ Public Health. 2012; 2012:291541.

# THE CANCER CALENDAR

## OCTOBER

## 2025

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## FOOD AS MEDICINE

Overactive angiogenesis in the body is a key factor in the development of cancer and tumour growth. Consuming foods that help regulate the angiogenic process—such as fruits and raw vegetables—while avoiding foods that promote angiogenesis, such as animal products and dairy, has been shown to reverse cancerous processes in the body.

### Forevidences read:

- Quercetin glucosides promote ischemia-induced angiogenesis, but do not promote tumour growth. Life sciences, 2013, 93.22: 814-819.
- Quercetin attenuates cell survival, inflammation, and angiogenesis via modulation of AKT signalling in murine T-cell lymphoma. European journal of pharmacology, 2016, 781: 60-68.
- Quercetin inhibits angiogenesis by targeting calcineurin in the xenograft model of human breast cancer. Journal of the National Cancer Institute, 2002, 94.5: 391-398.

## THE CANCER CALENDAR

**NOVEMBER**

**2025**

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

# CONCLUSION

- Not undergoing any diagnosis is superior to biopsy, PET scans, or mammograms, as these contribute to tumour or cancer progression.
- Not undergoing treatment is more effective than chemotherapy, immunotherapy, surgery, or radiation, as these methods are associated with increased mortality and poorer quality of life.

The safest and most proven way to reverse tumour or cancer growth or other lifestyle diseases, is through :

Food as medicine

+

Time as Medicine

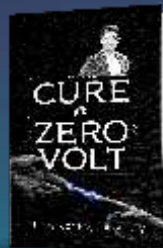
+

Zero Volt Medicine

+

Fever Therapy

For details, read



# THE CANCER CALENDAR

## DECEMBER

## 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

