

# 2025 THE PANDEMIC/CANCER CALENDAR



D.I.P. Diet

3 Step Flu Diet

GRAD

Circadian Chart

Zero Volt Therapy

# 2025 THE PANDEMIC CALENDAR

We follow Dr. BRC's Protocol



Dr. BRC is co-founder of HIIMS group of hospitals  
and the inventor of GRAD & D.I.P. Diet

Acupressure

Ayurvedic Panchkarma

Vaso-Stimulation Therapy

D.A.N. Protocol

## WHEN YOU ARE FOOLED IN THE NAME OF A PANDEMIC

In natural disasters like tsunamis, earthquakes, or floods, all living creatures—humans and animals are affected indiscriminately. However, if a pandemic is declared and you observe that only humans with access to media and medical aid are affected or dying, while poor farmers, beggars, underprivileged individuals, and animals remain largely unaffected -

**KNOW YOU ARE FOOLED !**

## THE PANDEMIC CALENDAR

### JANUARY

### 2025

#### Important Days & Observances

- 01 January - English New Year
- 10 January - World Hindi Day
- 12 January - National Youth Day  
(Swami Vivekanand Jayanti)
- 13 January - Happy Lohri
- 15 January - Army Day/ Pongal/ Makar Sankranti
- 23 January - Netaji Subhash Chandra Bose Jayanti
- 26 January - Republic Day of India
- 28 January - Lala Lajpat Rai Jayanti

## TEST THE TEST (RT-PCR) KIT

The results of RT-PCR tests to detect viruses like COVID-19 or Monkeypox often appear as random as rolling a dice. On average, we found that 10% of living samples (human or non-human) tested positive for COVID-19, with repeat tests giving inconsistent results. Similarly, for every 25 Monkeypox tests conducted, 1 returns positive.

Do it yourself (DIY) and find the results of the latest media-driven sensation: "The HPMV (Virus)." Question the accuracy and reliability of such tests, and critically assess the data being presented.

## THE PANDEMIC CALENDAR

### FEBRUARY

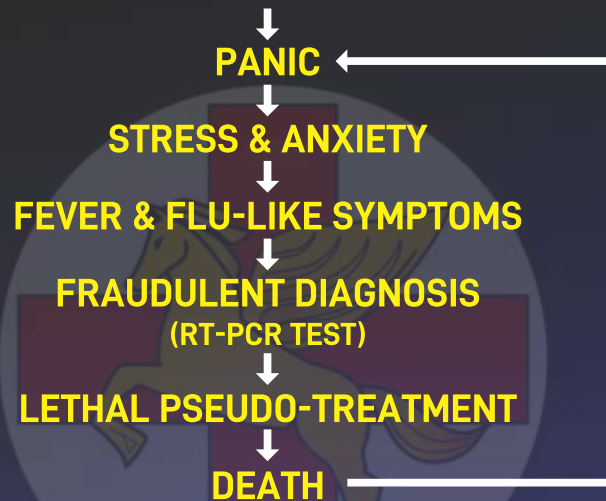
### 2025

#### Important Days & Observances

- 02 February - Basant Panchami
- 04 February - World Cancer Day
- 12 February - Guru Ravidas Jayanti
- 14 February - Valentine's Day
- 19 February - Shivaji Jayanti
- 23 February - Maharishi Dayanand Saraswati Jayanti
- 26 February - Maha Shivaratri/ Shivaratri

# PANIC CREATES A PANDEMIC

MEDIA-INDUCED ALARM :



It begins with **Media-Induced Alarm**, where sensationalized reporting triggers widespread fear. This leads to **Panic**, heightening public anxiety and hysteria. Prolonged stress weakens the immune system, resulting in **Stress & Anxiety** that can manifest as **Fever & Flu-like Symptoms**. These symptoms, coupled with inconsistent test results (**Fraudulent Diagnosis**), create confusion and misdiagnoses. Misguided or unnecessary interventions (**Lethal Pseudo-Treatment**) further exacerbate the problem, ultimately leading to avoidable tragedies and **Death**. The above flow chart underscores the dangers of panic-driven responses fueled by misinformation.

# THE PANDEMIC CALENDAR

## MARCH

## 2025

### Important Days & Observances

- 02 March - Ramadan Start
- 14 March - Holi
- 23 March - Shaheedi Diwas
- 29 March - Hindi New Year
- 31 March - Ramzan Id/Eid-ul-Fitar

# NO NATURAL PANDEMIC IS POSSIBLE

A review of history reveals that widespread sickness among humans or animals occurs only under specific conditions: contaminated air or water, compromised hygiene, malnutrition or famine, or the introduction of harmful substances into the body, such as through mass vaccination or adulterated food. Natural pandemics, therefore, are unlikely without these contributing factors.

## THE PANDEMIC CALENDAR

**APRIL**

**2025**

### Important Days & Observances

- |          |   |
|----------|---|
| 01 April | - April Fools Day                           |
| 06 April | - Rama Navami                               |
| 07 April | - World Health Day                          |
| 10 April | - Mahavir Jayanti /<br>World Homeopathy Day |
| 13 April | - Baisakhi                                  |
| 14 April | - Ambedkar Jayanti                          |
| 17 April | - World Haemophillia Day                    |
| 18 April | - Good Friday                               |
| 22 April | - Earth Day                                 |

# PANDEMIC of the Educated Human

Humans who have undergone structured education (through schools, colleges, etc.) often become emotional beings rather than intelligent, rational ones, losing their innate survival instincts. A lie repeated multiple times—especially by the media—is often accepted as truth by them. In contrast, animals and less literate individuals tend to remain unaffected by such false alarms, relying instead on their natural instincts and resilience.

## THE PANDEMIC CALENDAR

**MAY**

**2025**

### Important Days & Observances

- 01 May** - Labour Day
- 09 May** - Guru Rabindranath Tagore Jayanti
- 12 May** - Buddha Purnima
- 31 May** - World No Tobacco Day

## PANDEMIC FOR PROFIT

Media-declared pandemics have become tools for economic shifts, widening the gap between the rich and the poor. The poor grow poorer while a select few become super-rich. Fear and panic make it easier to exploit and manipulate the masses. The Oxfam Report of 2021 highlights how the false alarm of COVID-19 devastated the economies of less privileged communities. Vaccines, while profitable for a few, often add to the suffering of the masses, amplifying inequality and hardship.

## THE PANDEMIC CALENDAR

**JUNE**

**2025**

### Important Days & Observances

- 05 June** - World Environment Day
- 06 June** - Maharana Pratap Singh Jayanti
- 07 June** - Id-ul-Zuha (Bakrid)
- 21 June** - International Yoga Day



## WHEN FLU BECOMES A PANDEMIC

Flu or Influenza-Like Illness (ILI) is a common ailment that affects every human an average of 2 to 3 times a year. However, when such a routine illness is labeled a "pandemic," gullible individuals often fall victim to harmful medical experiments, including toxic drugs and vaccinations. This transforms an otherwise manageable condition into a real, man-made crisis, creating a pandemic born not of nature but of fear and misinformation.

## THE PANDEMIC CALENDAR

**JULY**

**2025**

### Important Days & Observances

- 06 July** - Muharram
- 14 July** - World Blood Donor's Day
- 23 July** - Chandrashekhar Azad & Bal Gangadhar Tilak Jayanti

## TRACK THE INITIAL SOURCES OF PANDEMIC NEWS

There are a few places and centers around the world that operate with opacity and maintain secrecy about their internal affairs. China is one such example. Have you ever wondered why China, a country known for its tight control over information, suddenly began generously sharing live footage of a pandemic unfolding within its borders? Is it truly a pandemic or a “**plan-demic**,” strategically designed in collaboration with government bodies and individuals poised to profit from the chaos?

## THE PANDEMIC CALENDAR

### AUGUST

### 2025

#### Important Days & Observances

- 09 August - Raksha Bandhan (Rakhi)
- 15 August - Independence Day
- 16 August - Shri Krishna Janmashtami
- 27 August - Shri Ganesh Chaturthi

## FEVER CURE DURING A "PLAN-DEMIC"

If you experience a fever—a natural response of your immune system to fight infection—consider handling it calmly and privately. Sharing your condition might lead to forced isolation or hospitalization. Instead, immerse your legs in a bucket of warm water at 42°C for about 30 minutes. This simple remedy often helps reduce fever. If the fever persists, you can repeat the process.



## THE PANDEMIC CALENDAR

### SEPTEMBER

### 2025

#### Important Days & Observances

- 02 September - World Coconut Day
- 05 September - Teachers Day  
(Sarvpalli Radha Krishnan Jayanti)
- 22 September - First Day of Navratri
- 28 September - Bhagat Singh Jayanti
- 30 September - Maha Ashtami

# FLU-LIKE SYMPTOMS DURING A "PLAN-DEMIC"

## 3 STEP FLU DIET

### Day 1 (Liquid)

Weight of patient (kg)	(glasses of fresh Citrus fruit juice)
10	
	+
Weight (kg)	(glasses of coconut water)
10	

### Day 2 (Fluid)

Weight	(glasses of Citrus fruit juice)
20	
	+
Weight	(glasses of coconut water)
20	
	+
Weight x 5	(gm of Tomato + Cucumber)

### Day 3 (Solid)

Weight	(glasses of Citrus fruit juice)	} Breakfast
30		
	+	
Weight	(glasses of coconut water)	} Lunch
30		
	+	
Weight x 5	(gm of Tomato + Cucumber)	} Dinner
Normal home cooked food		

For other flu-like symptoms, follow the "3-Step Flu Diet" for 3 days. This method, based on observational studies conducted by the National Institute of Naturopathy (N.I.N) - Ministry of Ayush, has been proven to aid recovery, even in severe cases of flu.

# THE PANDEMIC CALENDAR

## OCTOBER

## 2025

### Important Days & Observances

- 02 October - Dussehra & Mahatma Gandhi/ Lal Bahadur Shastri Jayanti
- 10 October - Karva Chauth
- 20 October - Diwali
- 22 October - Govardhan Pooja
- 23 October - Bhai Duj
- 28 October - Chaath Pooja
- 31 October - National Unity day on Sardar Vallabh Bhai Patel Jayanti

# AVOID MEDICAL AID DURING A "PLAN-DEMIC"

**D.I.P. Diet**  
Step - I  
Breakfast (till 12 noon)  
4 types of fruit  
Body Weight in kg x 10 = \_\_gm



**D.I.P. Diet**  
Step - II  
Lunch/Dinner

Plate-1	Plate-2
4 types of raw vegetables Body Weight in kg x 5 = __gm	Std. meal



**D.I.P. Diet**  
Step - III

To Avoid	To Take
1. Packed food 2. Dairy/Animal food	1. Soaked nuts/Sprouts: your wt(kg) = __gm 2. Fruits: Plenty 3. Sunshine: 40 min

The best way to stay fit and reverse lifestyle-related illnesses is by switching to the D.I.P. Diet. This can be done in 3 simple steps.

## THE PANDEMIC CALENDAR

**NOVEMBER**

**2025**

### Important Days & Observances

- 05 November - Guru Nanak Jayanti  
30 November - Rajiv Dixit Jayanti

## FOOD AS MEDICINE

Overactive angiogenesis in the body is a key factor in the development of cancer and tumour growth. Consuming foods that help regulate the angiogenic process—such as fruits and raw vegetables—while avoiding foods that promote angiogenesis, such as animal products and dairy, has been shown to reverse cancerous processes in the body.

### Forevidences read:

- Quercetin glucosides promote ischemia-induced angiogenesis, but do not promote tumour growth. Life sciences, 2013, 93.22: 814-819.
- Quercetin attenuates cell survival, inflammation, and angiogenesis via modulation of AKT signalling in murine T-cell lymphoma. European journal of pharmacology, 2016, 781: 60-68.
- Quercetin inhibits angiogenesis by targeting calcineurin in the xenograft model of human breast cancer. Journal of the National Cancer Institute, 2002, 94.5: 391-398.

## THE CANCER CALENDAR

**NOVEMBER**

**2025**

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

For a detailed scientific explanation of the information provided in the previous pages, read :

# THE PANDEMIC CALENDAR



**DECEMBER**

**2025**

## Important Days & Observances

25 December - Christmas

or Join a 3-month online course in  
Certificate in Integrated Medicine  
To join, go to : [www.biswaroop.com/cim](http://www.biswaroop.com/cim)

Certification Partner

**SHRIDHAR**  
**UNIVERSITY**

WAY TO TRANSFORM



# CONCLUSION

- Not undergoing any diagnosis is superior to biopsy, PET scans, or mammograms, as these contribute to tumour or cancer progression.
- Not undergoing treatment is more effective than chemotherapy, immunotherapy, surgery, or radiation, as these methods are associated with increased mortality and poorer quality of life.

The safest and most proven way to reverse tumour or cancer growth or other lifestyle diseases, is through :

Food as medicine

+

Time as Medicine

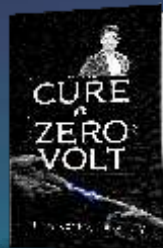
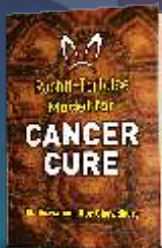
+

Zero Volt Medicine

+

Fever Therapy

For details, read



# THE CANCER CALENDAR

## DECEMBER

## 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



